

Darshan Academy

Nursery & Kindergarten Summer Ideas to Enhance Your Child's Abilities

Dear Parents

As a healthy mind resides in a healthy body, it is advisable to start your day early and set a routine even during summer vacation. In addition, you and your little one can spend some quality time playing or in conversation for strong bonding, and go cycling and swimming to remain fit and active. This kind of bonding enables you to explore their creativity and take care of their emotional, social and physical needs.

Story Time: It would be in the interest of your child if you read books to your child, look at story books together, invite your child to talk about the story, and ask questions such as:

- What did you like about the story?
- Who was your favorite character?
- How would you have reacted in this situation?
- What do you think happens next?
- Does the story remind you of something you have experienced, or of any another story you know?

Reading to your child helps develop language skills.

Creative Time: It is fun to keep a box of art materials for your child to create their own art. Items can include play dough, colors, glue, child's scissors, colored paper, stickers etc. Let your child enjoy creating pictures and art work. Recycle old items and make a best out of waste item, such as a pen holder, photo frame, wall hanging, etc.

Singing Songs: Enjoy listening to rhymes and songs and singing together. Finger games and rhymes with action are fun to learn.

Encourage practical life activities: Involving your child in tying laces, buttoning a shirt, pouring water from a jug into a cup etc. helps your child learn practical skills.

Our Environment: Plant a sapling in a small pot, water it, and take care of it daily.

Writing: You may give your child an empty note book/scrapbook, child's scissors, glue, pencils, old magazines and colours to create his/her own mini books. The topic could be "Animals" or "My Pictures/Photos", which may be pasted in his/her notebooks.

If a birthday is coming up, you may let your child create his/her own birthday cards to give away, and help him/her write postcards or messages to a friend or a relative. A small slate and chalk can be used to have fun writing numbers and letters and creating art work.